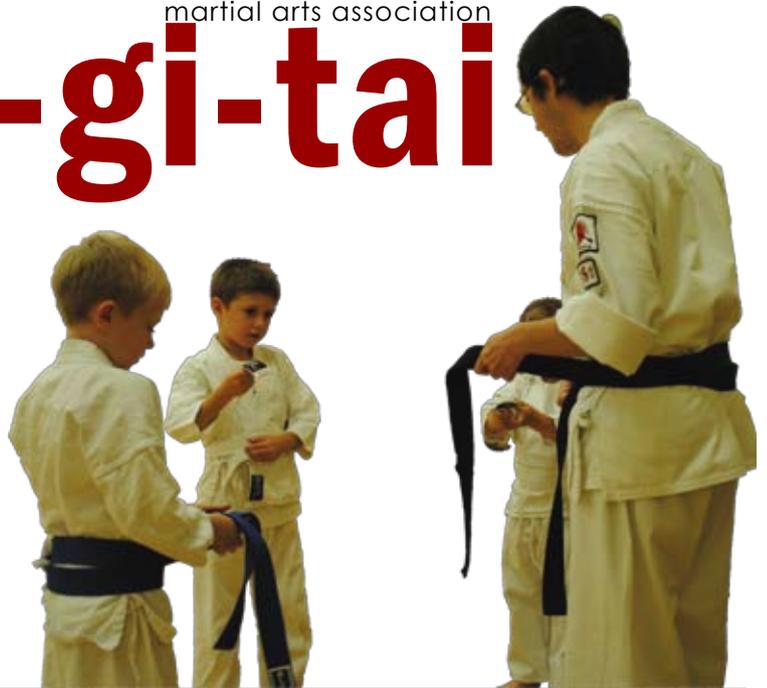




martial arts association

shin-gi-tai



FAQ

SHEET No. 1

Shin Gi Tai Karate Children's Karate Classes FAQ

All you need to know about Shin Gi Tai Karate Classes for Children in Maidstone and West Malling, Kent

Who can attend?

Our classes are open to all children between the ages of 5 and 16.

What Martial Art do you teach?

We study an Internationally recognised and certified Karate Syllabus that has been specifically designed to develop key physical and mental skills and disciplines as well as their Karate studies.

Where & When are the lesson held?

Monday 7:00 - 8:00pm at:

Friday 6:30 - 7:30 (beginners) and 7:30 - 8:30pm (higher grades) at:

Grove Green Community Hall
District Centre Minor Centre
Grovedwood Drive
Weaving
Maidstone Kent ME14 5TQ

NB this is 2 (two) one hour lessons

Monday 7:00 - 8:00pm at:

West Malling Village Hall
Norman Road
West Malling
Maidstone Kent ME14 5TQ

How Much are the lessons?

From £6.00 per 1hr lesson (discounted for members) and Monthly from £19.00.

Some more SGT Handy Hints

Do you do free trial lessons?
No.

What does my child need to wear for their first lesson?

Loose comfortable clothing that they can run around in.

Do they need a Karate suit (Gi)?

They don't need it until they are ready to be grade assessed which would normally be after a couple of months. The club sells all the equipment, course notes and syllabus guides they will need.

Can I stay and watch?

Yes or not as you wish. If you leave you **MUST** be back to pick up your child before the end of the lesson and leave a contact number with us for emergency use. **NO EXCEPTIONS** will be made **UNDER ANY CIRCUMSTANCES**.

Do you have safe, well-lit car parking?

Yes, at both venues and the Grove Green Dojo is opposite Tesco (additional parking) and West Malling Dojo has its own car park.

Do you do Parent and Child sessions?

No, we prefer to teach children and adults what is appropriate for them to learn and ensure that all partner work is conducted with appropriately sized partners.

How does my child get their coloured belts?

They must attend class, train diligently and earn it. When they are ready they will be invited to grade and if they pass they will be awarded their grade by the Grading panel. Grades cannot be bought and are not awarded based solely on attendance.

Is there anything else I should know?

Please ensure that your child is neatly presented at class. Uniforms must be clean and correctly tied.

Please ensure that all jewellery, watches and piercing are removed before training. Where jewellery cannot be removed it should be covered with a protective tape to avoid injury to your child or others.

Please make sure you pay promptly **BEFORE** the lesson starts.

No food or drink (except water at designated water breaks) is allowed